

Home of Beautiful Souls Foundation x Safe Space

CIN: U85300GJ2020NPL118743

Registered Address: 319, New Maharathi Society, Behind Water Tank, Sardarnagar, Hansol, Ahmedabad-382475, Gujarat.

Peer Support Group Agreement

Welcome to Safe Space, an initiative of the Home of Beautiful Souls Foundation/HOBS Foundation. Thank you for allowing us the opportunity to serve your mental health needs. This document contains important information about our professional services and business policies. Even though it may seem long, please read it carefully. If you have any questions, please discuss them with your moderator. When you sign this document, it will represent an agreement between you and the organization.

Group Procedures

Psycho-educational and Peer Support groups will meet once a week for 90-120 minutes at a time that we agree on. Its charges start at 100rs per session. Psycho-educational groups are time-limited with a set number of sessions and focused on a specific topic (i.e., anxiety, time management). Peer Support groups are open and ongoing, meaning new members are allowed to join after completing a screening intake with the group facilitator. Seats are limited to 8-15 per group.

GROUP EXPECTATIONS

The group is meant to be a safe place for participants. What happens in the group stays in the group. Members are expected to keep anything said by other members during group confidential. This is not meant to encourage secret-keeping but rather to protect everyone's privacy and ensure that the group is a safe place to share feelings. Members are expected to treat one another with respect. Most topics are fair game for discussion, however, if the group facilitator deems a certain subject inappropriate or too sensitive for certain group members, the facilitator will moderate the discussion.

UNEXPECTED ABSENCE

The moderator's schedule is such that they may need to take leave for personal reasons. Thus, if such a situation arises, the moderator will notify me as soon as possible if they are unable to keep our scheduled time. Should they become ill or incapacitated, they have an Emergency

Response Team (ERT) in place to handle any issues that may come up with their clients. Their ERT will only have access to their files in an emergency situation.

DISCIPLINE MANAGEMENT PROCEDURES

Group members are expected to demonstrate appropriate behavior and comply with expectations and agreements as outlined by the group. If a group member is being disruptive, the group member may be asked to leave.

1. Behaviours such as physical or verbal aggression and disregard for group rules may result in suspension from the group.
2. Self-harm of any kind, as well as drug and alcohol intoxication, will result in the notification of parent/guardian and will be the term for automatic dismissal from the group.
3. Refunds will not be granted for group members dismissed from the group for disciplinary actions.

CONFIDENTIALITY

Anything said between any two or more group members at any time is part of the group and is confidential. I understand that everything said in this group is confidential and not to be shared with anyone outside of the group except as may be otherwise required by law.

1. I agree to keep confidential the names of other members of the group and what is said in the group.
2. As a member of the group, I agree to not disclose to anyone outside the group any information that may identify another group member. This includes but is not limited to, names, physical descriptions, and specific content of interactions with other group members.
3. I agree to indemnify and hold Home of Beautiful Souls Foundation harmless for any loss or damages, including costs and attorney's fees, incurred by Therapy and Mindfulness Practices, LLC, as a result of my breach of another's confidentiality.

Protected Health Information

I also understand that anything said in the peer support group is confidential, except for the following limitations: (a) information (diagnosis and dates of service) shared with my insurance company to process my claims or for administrative/billing purposes, (b) information I and/or my child report about physical abuse or neglect, sexual abuse; or elder abuse or neglect. By Mental

Health Act 2017, the moderator is obligated to report this to the local Department of Social Services; this includes suspected abuse, (c) where I sign a release of information to have specific information shared, (d) if I/or my child provide information that informs the moderator that I am in danger of harming myself or others (e) if I bring legal action against the moderator or the moderator is subpoenaed (f) information necessary for case supervision or consultation and (g) or when required by law or the moderator's ethical code of conduct. All persons participating in group counselling must read and sign this agreement. I have been given ample opportunity to ask questions prior to signing the agreement.

Note:

- Home of beautiful Souls Foundation or Safe Space is not liable for messages sent by peers or participants on Safe Space Social Media Group(s) or outside the same.
- I understand that Safe Space is not a Crisis Intervention or Management Group. In a crisis situation, I would reach out to suicide helplines (<https://homeofbeautifulsouls.com/suicide-helpline-numbers/>) or my nominees _____, _____, _____ at their below phone numbers _____, _____, _____ respectively. In case they are not available, I would reach out to my therapist (if any), and any peer or Home of Beautiful Souls Foundation or Safe Space won't be liable to respond or cater to such situations.
- I also confirm my address below:

By returning this form, I indicate consent and understanding of the guidelines for these sessions.

Date:

Name:

Signature: